Breaking Gender Assumptions: An Overview of the Mosaic Program and Current Outcome Data and Best Practices

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A rising, self perpetuating tide: Incarceration as a social determinant

• 2.7 million children with 1 or both parents incarcerated (2.2 million men/120,000 women have children under age of 17)
  • 1 in 28 children (was 1-125 25 years ago) 2010 Pew Charitable report

• RI: 6-10% women entering jails pregnant—44% conceived within 1 year of release from prior incarceration (Most did not have regular health care-malnutrition and substance abuse)

• Effects on kids: increased drug use, antisocial behavior; school performance, MH problems, financial problems, homelessness, increased physical illness

“40,000 collateral consequences” NJ Senator Corey Booker
Disparities

2.2 million adults in US jails/prisons- approximately 7 million under correctional control

• 1 in 17 white men; 1 in 6 latinos;
• 1 in 3 African American (women’s incarceration increasing; African American women 6 x more likely than white women.
• Maricopa County: Native American 5-6% (2% total Maricopa County population)
Juvenile incarceration: Pipeline to Prison

Black children represent less than 14% of all American youth:

• Black boys are 43% of male population in juvenile facilities
• Black girls comprise 34% of incarcerated girls.
• Native Americans (less than 1% of U.S. youth populace: 
  • 3% of all girls and 1.5% of all boys in juvenile facilities

Prison Policy Initiative: “Youth Confinement: The Whole Pie” 2/27/18
Disparities in ACES mirror incarceration

• 45% of children in US experience 1+ ACE
• 1 in 9 children 3+ ACEs (especially high risk category)
• Arizona, Arkansas, Montana, New Mexico, and Ohio—as many as 1 in 7 children experience 3+ ACEs.
• 61% black children/ 51% latino experience 1+ ACE (40% white)

• Adverse Childhood Experiences: National and State-level Prevalence. The Health Resources and Services Administration’s Maternal and Child Health Bureau and the Child and Adolescent Health Measurement Initiative’s Data Resource Center
WOMEN’S INCARCERATION RATE
UNITED STATES 1910-2014

(Number of women incarcerated per 100,000 women, 1910-2014)

Compiled by the Prison Policy Initiative. For detailed sourcing see http://www.prisonpolicy.org/global/women/
The Average Female Offender (National Averages)

- 30-35 years of age
- Limited education
- Limited employment
- Drug related offense charges
- Disproportionately women of color
- History of substance use and abuse
- Complicated family situations
- History of abuse and trauma
- Physical and mental health problems
Common Pathways to Offending for Women

What do we know about women offenders?

- Social/Economic Hardships
- Addiction
- Violence/Victimization
Prevalent Criminogenic Needs

**Homelessness**
- 25% of the homeless people in Maricopa County jails are women
- 995% increase in odds of failure for women parolees experiencing unstable housing*

**Mental Health**
- 7% of women in Maricopa County jails have SMI designation
- Women with SMI designation have higher rates of recidivism in Maricopa County (44% v. 25.6%)

**Substance Use/Abuse**
- Majority of women in prisons and jails have a history of substance abuse – reports as high as 98%
- Nearly half of women in Maricopa County jails have a drug-related offense charge

**Parenting**
- 66,000 women in jails and prisons have minor children
- 75% of incarcerated mothers are primary caregivers

*2012 study by V. Bell
Listening within the jail: the voice of parents and Breaking Gendered Assumptions

- **Women**
  - Involved in the Criminal Justice System

- **Mothers**
  - Justice Involved Children

- **Stories**
  - Interviews
    - Identify strengths
    - Identify barriers to success
Childhood Development

Identified Themes
Education

Identified Themes
Identified Themes

Drugs & Alcohol
Identified Themes

Violence & Trauma Exposure
Identified Themes

Health
Identified Themes

Resources
Identified Themes

Resilience/Strengths

Self actualization
Ego
Love/belonging
Safety
Physiological

HELP!
Breaking Good: The Circle can be broken

The *Mosaic* program is a 7 week program with the first week of orientation that includes introduction to the program, pretests, activities, journaling. The next 6 weeks is an intensive treatment program using evidenced based and gender specific programming designed for people in correctional settings.

Each individual completes 20 hours per week of facilitator led programming and/or process groups by Masters Level Counselors for a total of 120 hours of programming. Programming is based on Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational interviewing, Mindfulness, and Art Therapy. In addition to facilitator led groups, community stakeholders participate in providing services to assist in re-entry services and mid-term goals.
A NEW FREEDOM
A motivational interviewing substance abuse group focused on changing thoughts, feelings, and behavior about substance use.

MINDFULNESS
A mindfulness focused group aimed at regulating emotion to enhance relapse prevention from substance abuse.

START NOW
A cognitive behavioral and motivational interviewing focused treatment designed to treat offenders with behavioral disorders and associated problems.

ART AS THERAPY
Using a creative means of visual expression to explore underlying causes of substance abuse and enhance coping.

CRIMINOGENICS
A group that uses cognitive behavioral concepts and transactional analysis to address the 8 recidivism factors and reduce substance abuse.

PARENTING INSIDE OUT
A strength-based psychodynamic group that teaches how to parent effectively after recovering from substance abuse.

TRAUMA AND RESILENCY
A trauma Informed Cognitive Behavioral Therapy group aimed at assisting individuals recover from trauma and substance use.

RELATIONSHIPS
(Impact Of Substance Abuse On Families) An existential approach, using transactional analysis to understand the foundation of substance abuse from childhood to dysfunctional relationship cycles.